



GENDER-AFFIRMING CARE BENEFITS

Dedicated support for transgender and gender-diverse members

Regence recognizes that our members have different needs throughout their lives. So, we've designed our health plans to support each individual's unique journey. This includes providing our transgender and gender-diverse community with the benefits and guidance they require.

Looking out for your health

Our gender-affirming care benefits are based on the World Professional Association for Transgender Health (WPATH) guidelines. This is important because it ensures you have access to psychotherapy, hormonal therapy and medically necessary surgical services.

You should also know that Regence doesn't limit sex-specific recommended preventive services based on your sex assigned at birth, gender identity or recorded gender. For example, a transgender man who has an intact cervix is covered for a Pap smear.

Staying in network

When you see in-network providers, you'll save money on your medical care and avoid the paperwork hassle that often comes with seeing out-of-network doctors. Reach out to our customer service professionals for help finding in-network providers who specialize in the kind of treatment you need.

Here to help

Health insurance can be complex. We understand that. Our dedicated gender-affirming customer service professionals are here to help you understand your coverage. They're also a great resource for:

- Plan-specific questions
- Help with accessing your benefits
- Approvals
- Finding in-network doctors and facilities that work best for you
- Required documentation



Ready to get started?

Call us at the number on the back of your member ID card and ask to speak with a member of the gender-affirming team.



Regence BlueCross BlueShield of Utah
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